

# NYS Return to School / Work Protocols 2021-22



CoVid Symptoms include: fever, cough, sore throat, shortness of breath, fatigue, diarrhea or vomiting, runny nose, body/muscle aches, headache, loss taste/smell

Individual Has Covid-like Symptoms

Exclusion Not Necessary if **Known Pre-Existing Medical Condition**  
(i.e. migraine, allergies)

Symptoms New or Worsening

CoVid Test

(Lab confirmed Rapid Antigen, PCR, or NAAT; not at-home\*\* test)

No CoVid Test

May return to school/work with doctor note:  
confirming acute illness (i.e. flu, strep throat) and symptom recovery  
OR  
known chronic condition w/ unchanged symptoms

Positive: See chart at right  
Negative: May return to school/work once fever-free for 24 hours without use of fever-reducing medication AND other symptoms have improved

Remain excluded for 5 days from symptom onset (Day 0), then may return to school/work on sixth day, once fever-free for 24 hours without use of fever-reducing medication AND other symptoms have improved

Positive CoVid Test Result

Asymptomatic

Symptomatic

Test Date is Day 0.  
Isolate 5 days.  
If remain asymptomatic, return to school/work on Day 6

Develop symptoms

Symptom Onset: Day 0.  
Isolate 5 days.

On 6th day, return to school/ work\* if fever-free for 24 hours without use of fever-reducing medication AND other symptoms have improved

Updated Mar 2022, based upon NYSDOH current guidance

\*Staff: MD note required for any days beyond Day 5 of isolation after positive CoVid diagnosis; to be eligible for NYCPSL, the positive test must be lab-confirmed